

RECIPE CARD

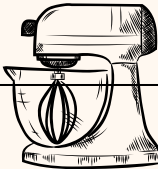
Brine for tenderizing meats

INGREDIENTS

1 gallon water
1 cup kosher salt
1/4 cup honey 
12 bay leaves
1/2 cup smashed skin on garlic
2 tablespoon black peppercorns
1/2 ounce thyme & rosemary
Graded zest and juice 2 large lemon only for chicken

INSTRUCTIONS





NOTES

